

2021 TVYLL/USL Boy's Rules

Level:	8U (4v4)	10U (7v7)	12U	14U
Quarter length:	12 minute run-time No Time-Outs	8 minute stop-time 2 Time-Outs per Half – 2min	10 minute stop-time 2 Time-Outs per Half	
Goals	4x4 or (6x6 flipped)	6x6	6x6	
Between Quarters:	2 minutes (all levels)			
Between Halves:	4 minutes		5 minutes	
Mercy rule:	Already running time	Run-time if ≥12 goal differential in second half		
Ties:	No OT first goal determines win.	No OT first goal determines win.	Limit two OTs.	
Face-offs: NCAA rules	No faceoff No Goalie or crease defender Coin flip for who starts with ball start of game ≥6 goals down team	Face off NCAA; 1 wing@SL; 2 behind each GLE, G in crease. Award to down team ≥6 goals, coach may choose to face.	Face off NCAA Award to down team if ≥6 goal difference. Head coach may choose to faceoff anyway.	
Required att. Passes before shot/ Change of Possession Resets – Ref keeps count with hand in air, yells “they are hot at 2”.	2 Attempted; same player may not recover own pass and count. Passes may be anywhere in play.	2 Attempted; same player may not recover own pass and count. Passes must be on offensive side	N/A	
Body Checks:	No direct body checks.	No direct body checks. Pushing using gloves is ok, cannot leave feet.	No direct body checks	Similar to JV - Illegal if excessive or intent to harm; must not leave feet
Unnecessary Roughness; Blind-side; Legal check with follow through to head/neck:	Minimum 2 minute penalty, must be non-releasable ; may eject from game			
One-handed Stick Checks:	Illegal; automatic slash call, even if no contact is made ; may be multi-minute if warranted			
Stick Length:	37-42 inches		Normal NFHS	
Long Poles:	None	None	Maximum 4 per team	
Advancement Counts:	4 second goalie count only		Normal NFHS--4 second goalie, 20 sec clear, 10 attack box	
Penalty Enforcement:	No man-up at any time	Normal NFHS		
Equipment:	Arm pads mandatory except Goalies. All players are required to wear cups.			
Game Format:	NO OFFSIDES (play full field)	Offsides is a foul	Games may start and play with 7 v. 7 format by coach agreement (notify field manager); in 7v7, offside if >4 on attack or >5 on defense (incl penalty box)	
Fouling Out:	3 Personal fouls or 4 minutes of personal foul time		4 Personal fouls or 5 minutes of personal foul time	

Targeting: Deliberate contact to head/neck area - mandatory 3 minutes NonReleasable, must eject;

Nominated Defender (must be D starter) - serves Goalie penalties;

***** Zero Tolerance Policy in effect once play begins for each half -- Any rule(s) not specified will follow USLacrosse Youth Rules**